



2024

**POLAR
PLUNGE.**



**FOR SPECIAL OLYMPICS
NORTH DAKOTA**

THE LIGHTS – WEST FARGO

MARCH 23, 2024



Freezin' for a Reason



Polar Plunge Schedule

12:00 pm

Plunger Registration

12:30 pm

Polar Plunge

Plunger hospitality open at Bar Down

Food donated by Bar Down.

Plunge Contest Awards immediately following plunge

Plunge Contests

 Best Belly Flop

 Best Costume

 Youngest Plunger

 Most Money Raised by an Individual

 Oldest Plunger

 Most Money Raised by a Team

Judges & Master of Ceremony

Sheriff Jesse Jahner

- Cass County Sheriff's Office

Sheriff Mark Empting

- Clay County Sheriff's Office

Chief Shannon Monroe

- Moorhead Police Department

Athlete

- Brie Burkhardt

Emcee

- Ryan Longnecker, WDAY



Organizing Committee



Katie Violet, Chair	- Cass County Sheriff's Department
Michael Bernier	- Fargo Police Department
John Knoll	- Northwestern Mutual
Nicole Reno	- Clay County Sheriff's Department
Dora Roll	- West Fargo Police Department
Triten Teske	- West Fargo Events
Richard Wagner	- AE2S
Carla Wadholm	- Case IH
Arielle Windham	- Flint Group
Allie Maciej	- Flint Group
Sean Mork	- Clay County
Shawn Gamradt	- Fargo Police Department

In-Kind & Other Donations

Bar Down	Beans Coffee Bar
Bierschbach Equipment & Supply	Cass County Sheriff's Office
City of West Fargo	Clay County Sheriff's Office
EPIC Companies	Fargo Police Department
Flint Group	Harmon Entertainment
Lowe's	Moorhead Police Department
Valley Water Rescue	Visit Fargo-Moorhead
West Fargo Events	West Fargo Fire Department
West Fargo Police Department	

Iceberg Sponsors

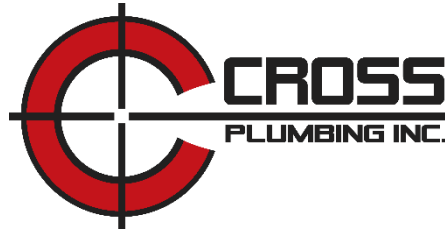


Icicle Sponsors



**Turnkey
Corrections**

Snowflake Sponsors



**Cass County
Deputies
Association**

About Special Olympics North Dakota:

Special Olympics North Dakota is part of a worldwide movement that unleashes the human spirit through the transformative power and joy of sports everyday around the world. Through work in sports, health education and community building, Special Olympics is addressing inactivity, injustice, intolerance, and social isolation by encouraging and empowering people with intellectual disabilities which leads to a more welcoming and inclusive society. Each year, Special Olympics athletes from across the state have the opportunity to train and compete in any of the eleven sports offered. Competitions are offered at the area, district, state, national and international level.

***Plunger
Event Evaluations***



**Good Luck & Thank You
to All Plungers**



POLAR PLUNGE.



FOR SPECIAL OLYMPICS NORTH DAKOTA



SAVE THE DATE

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BISMARCK- SATURDAY, OCTOBER 5, 2024



May 13th - May 19th, 2024



**Chester Fritz Auditorium in Grand Forks
Tuesday, April 16, 2024**



LAW ENFORCEMENT TORCH RUN

TRUCK PULL

Special Olympics
North Dakota



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for more information

Minot - Saturday, April 27th, 2024

Special Olympics Golf Classic



Grand Forks – Thursday, June 20, 2024

Fargo – Monday, June 24, 2024



**Red River Valley Fairgrounds
West Fargo - Saturday, October 5, 2024**

**Experience the JOY that is
Special Olympics!**

Volunteer Today!

www.specialolympicsnd.org



***Special
Olympics
North Dakota***

Connect with Special Olympics North Dakota:

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