WINTER GAMES
Alpine Skiing, Cross Country Skiing, Figure Skating, Speed Skating, Snow Shoe
Starting Date: November 25, 2019
8 Week Training Period: November 25 - January 16
Training School Target Dates: November 9 – December 10
Area Games: December 14 – January 5
Entry Deadline: January 8
State Games: BOTTINEAU

BASKETBALL
Starting Date: January 6, 2020
8– Week Training Period: January 6 – February 28
Training School Target Dates: December 1 – January 6
Area Tournaments: January 20- February 2
District Tournaments: January 25 – February 9
Entry Deadline: February 12
State Tournament: MINOT

SUMMER GAMES
Swimming, Bocce, Gymnastics, Powerlifting, Track & Field, Unified Volleyball
Starting Date: March 23, 2020
10 – Week Training Period: March 23 – May 29
Training School Target Dates: March 7– April 5
Area Games: April 4 – April 19
District Games: April 25 – May 10
Entry Deadline: May 18
State Tournament: FARGO

SOCCER/BOCCE
Unified & Traditional Bocce & Soccer
Starting Date: July 27, 2020
8-Week Training Period: July 27 - September 18
Training School Target Dates: July 13 – August 9
Area Tournaments: August 8 – August 16
District Tournaments: August 22- August 30
Entry Deadline: September 2
State Tournament: GRAND FORKS

BOWLING *
Starting Date: September 6, 2020
8-Week Training Period: September 6 – November 1
Training School Target Dates: August 24 – September 20
Area Tournaments: September 26 – October 18
Entry Deadline: October 21
State Tournament: MANDAN

Fifteen games must be bowled for an athlete to qualify for the State Bowling Tournament.