



WINTER GAMES

Alpine Skiing, Cross Country Skiing, Figure Skating, Speed Skating, Snow Shoe

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| Starting Date: | November 25, 2019 |
| 8 Week Training Period: | November 25 - January 16 |
| Training School Target Dates: | November 9 – December 10 |
| Area Games | December 14 – January 5 |
| Entry Deadline: | January 8 |
| State Games: BOTTINEAU | January 17-18, 2020 |

BASKETBALL

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|------------------------------|-------------------------|
| Starting Date: | January 6, 2020 |
| 8- Week Training Period | January 6 – February 28 |
| Training School Target Dates | December 1 – January 6 |
| Area Tournaments | January 20- February 2 |
| District Tournaments | January 25 – February 9 |
| Entry Deadline | February 12 |
| State Tournament: MINOT | February 28-29, 2020 |

SUMMER GAMES

Swimming, Bocce, Gymnastics, Powerlifting, Track & Field, Unified Volleyball

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| Starting Date: | March 23, 2020 |
| 10 – Week Training Period | March 23 – May 29 |
| Training School Target Dates | March 7– April 5 |
| Area Games | April 4 – April 19 |
| District Games | April 25 – May 10 |
| Entry Deadline | May 18 |
| State Tournament: FARGO | June 4-6, 2020 |

SOCCER/BOCCE

Unified & Traditional Bocce & Soccer

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| Starting Date: | July 27, 2020 |
| 8-Week Training Period: | July 27 - September 18 |
| Training School Target Dates: | July 13 – August 9 |
| Area Tournaments: | August 8 – August 16 |
| District Tournaments: | August 22- August 30 |
| Entry Deadline: | September 2 |
| State Tournament: GRAND FORKS | September 19-20, 2020 |

BOWLING *

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|-------------------------------|---------------------------|
| Starting Date: | September 6, 2020 |
| 8-Week Training Period | September 6 – November 1 |
| Training School Target Dates: | August 24 – September 20 |
| Area Tournaments: | September 26 – October 18 |
| Entry Deadline: | October 21 |
| State Tournament: MANDAN | November 7-8, 2020 |

Fifteen games must be bowled for an athlete to qualify for the State Bowling Tournament.