

**Special Olympics**  
North Dakota



# Special Olympics North Dakota Fitness Challenge

**Who: All Special Olympics Athletes and Unified Partners**

**What: 8-week Fitness Challenge**

**Where: Your house, basement, outside**

**When: February 1st, 2021- March 22nd, 2021**

**How: Request a Playbook and registration from**

**[info@specialolympicsnd.org](mailto:info@specialolympicsnd.org)**

Opens on February 1st, 2020 and

Registration ends February 26th, 2021