

## Bocce Individual Skills

Each athlete will go through two rounds of each skill. Their overall score for Bocce Individual Skills will be the combination of total score from each round.

### Closest to the Pallina

Equipment-Four bocce balls, one pallina (or other marker), tape measurer, paint or chalk

#### Set Up

- Set the pallina/marker at center court
- Around the pallina mark three concentric squares of 1 foot, 3 feet, and 5 feet.
- Measure out 30 feet from the pallina in a straight line and mark the "foul line". This is where the athlete will throw from

#### Description

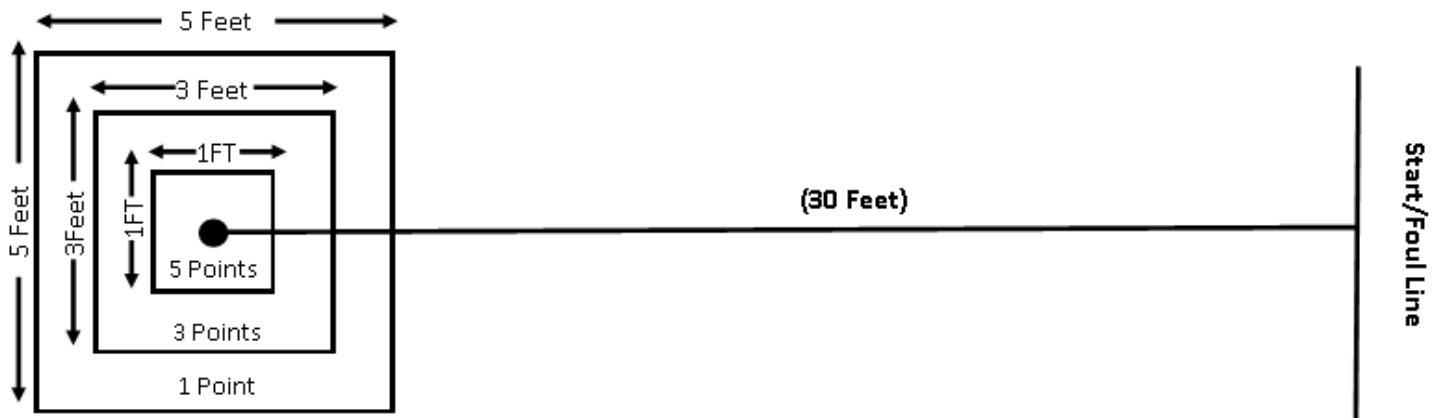
Standing on the foul line the player will throw four bocce balls towards the pallina trying to get as close to possible. After each throw measure the distance from the pallina to the bocce ball just throwing by the player, recode the score, and remove the ball.

#### Scoring-

- Players will receive 5 points for being in the 1ft square, 3 points for the 3ft square and 1 point for being in the 5ft square.
- Each ball is removed as it comes to a rest and the score is recorded. Athletes score for the round will be the total of the four throws.
- If the pallina is moved by a ball in play the pallina is placed back on the center dot of the circle and then the throw is measured.\*
- The athlete must be behind the foul line when throwing. If the athlete crosses the foul line the ball is marked dead and removed from play, no score is counted on that throw.
- If the ball is touching the line score it in the zone of the line it is touching.

*\*Reminder that either the same coach touches the pallina each time or else it has to be sanitized*

*\*\*Reminder to sanitize all bocce balls after a player is done with their round*



## Gate Throw

Equipment- Four bocce balls, 6 cones (or other marker), tape measurer, paint or chalk

Set up:

- Mark the foul/starting line (10ft in length)
- Measure out 20ft from the center of the foul line. At that 10ft mark place a set of cones 3ft apart.
- Measure out 30ft from the center of the foul line. At that 20ft mark place a set of cones 2ft apart.
- Measure out 35ft from the center of the foul line. At that 30ft mark place a set of cones 1ft apart
- Measure out 40ft from the center of the foul line. At that 40ft mark place your bonus marker (Bonus marker not to exceed the size of a bocce ball).

Description

Standing at the foul line athletes will throw four bocce balls with the goal of throwing the ball through as many gates as possible. At the end of each throw the score is recorded and the ball is removed.

Scoring

- A ball passing through the 3ft gate scores 1 point, the 2ft gate scores 2 points, and the 1ft scores 3 points
- A ball that hits the bonus marker scores 4 additional points.
- A ball must completely pass through a gate to score the points. If a ball passes through multiple gates the total of those gates is the score the throw receives. (ex. A ball passes through both the 3ft and 2ft gates, that throw would score a total of 3 points.) Therefore a throw that passes through all gate and hit the bonus marker will get a perfect score of 10.
- A ball is allowed to deflect off a cone and go through the gate. If using low profile cones and the ball rolls over the cone no points are scored.
- The athlete must be behind the foul line when throwing. If the athlete crosses the foul line the ball is marked dead and removed from play, no score is counted on that throw.
- Each ball is removed as it comes to a rest and the score is recorded. Athletes score for the round will be the total of the four throws.

*\*Reminder that either the same coach touches the bonus ball each time or else it has to be sanitized*

*\*\*Reminder to sanitize all bocce balls after a player is done with their round*

