



## **NEW Athlete Registration and Medical Forms**

Special Olympics has made significant changes to its athlete registration process, transitioning from the Athlete Medical Form to a more streamlined system comprised of the Athlete Registration Form and Renewal Form. This change makes the registration process easier for athletes and families by removing the barrier of getting a physical examination every 3 years. The Athlete Registration/Renewal process has now changed from a 3-year cycle to a yearly requirement while still ensuring that essential health information is collected. Special Olympics encourage all athletes to have yearly physical examinations by a licensed provider to detect or prevent new health issues and manage existing ones.

**Starting in 2025, we ask that returning athletes complete the Athlete Registration Form. Following that returning athletes will only need to fill out the Renewal Form every year. No physical exam or medical form is required unless a specific diagnosis is present (ex. seizures, previous restrictions, cardiac disease).**

For **New athletes** we ask that they complete the Athlete Registration form and the Athlete Medical Form as well as having a physical examination from a licensed provider. This would be a one-time requirement unless a specific diagnosis is present (ex. seizures, previous restrictions, cardiac disease).

All forms will be located on our website, [www.specialolympicsnd.org](http://www.specialolympicsnd.org). Forms can be filled out online and electronically signed or printed out and mailed or emailed to the state office or given to your Area Director.

For questions, please contact your Area Director or the Special Olympics North Dakota State office.

Special Olympics North Dakota State Office  
2616 S 26<sup>th</sup> St  
Grand Forks, ND 58201  
701-746-0331  
[rfuchs@specialolympicsnd.org](mailto:rfuchs@specialolympicsnd.org)