



SOCCER/BOCCE

Unified & Traditional Bocce & Soccer

Starting Date:	July 29
8- 10 Week Training Period:	July 29 - September 20
Training School Target Dates:	TBD
Area Tournaments:	August 26 – September 1
Regional Tournaments: Fargo/Bismarck	September 2 - 8
Entry Deadline:	September 12
State Tournament: GRAND FORKS	September 21-22, 2024

BOWLING*

Starting Date:	September 3
8-10 Week Training Period	September 3 – November 1
Training School Target Dates:	TBD
Area Tournaments:	October 7 – October 20
Entry Deadline:	October 24
State Tournament: MANDAN & FARGO	November 3, 2024

**15 games must be bowled for an athlete to qualify for the State Bowling Tournament.*

BASKETBALL

Starting Date:	October 21
8-10 Week Training Period	October 21 – December 13
Training School Target Dates	TBD
Area Tournaments	November 11 – November 17
Regional Tournaments: Jamestown/Dickinson	November 18 – November 24
Entry Deadline	December 5
State Tournament: MINOT	Dec 14 - 15, 2024

WINTER GAMES

Cross Country Skiing, Snowshoe, Unified Volleyball

Starting Date:	January 5, 2025
8-10 Week Training Period:	January 5- February 28
Training School Target Dates	TBD
Area Games	February 3 - 9
Regional Tournament: Grand Forks/Mandan	February 10 - 16
Entry Deadline:	February 20
State Games: VALLEY CITY	March 1-2, 2025

SUMMER GAMES

Swimming, Track & Field, Powerlifting

Starting Date:	March 24, 2025
8 -10 Week Training Period	March 24 – May 16
Training School Target Dates	TBD
Area Games	April 21 – April 27
Regional Tournament: Valley City/Minot	April 28 – May 4
Entry Deadline	May 8
State Tournament: FARGO	May 17-18, 2025

**Specific dates for entry deadlines and tournaments subject to change depending on State tournament dates*