

Last Name	First Name	Event	City	DIVISION	Place
Abraham	Kelly	25M Walk	Grafton	F2	Silver
Abraham	Kelly	50M Walk	Grafton	F1	Silver
Abraham	Kelly	Ball Throw	Grafton	F3	Silver
Agnes	Dante	50M Run	Portland	M2	Gold
Agnes	Dante	100M Run	Portland	M2	Silver
Agnes	Dante	Long Jump	Portland	M1	Gold
Agnes	Dante	Push Up	Portland	M1	Bronze
Agnes	Dante	Plank	Portland	M1	Bronze
Amb	Gregory	25M Walk	Grafton	M3	Bronze
Amb	Gregory	50M Walk	Grafton	M2	Gold
Amb	Gregory	Ball Throw	Grafton	M5	Bronze
Bail	Keith	25M Walk	Grafton	M1	Silver
Bail	Keith	50M Run	Grafton	M3	Bronze
Bail	Keith	Ball Throw	Grafton	M3	Gold
Baumann	Erin	50M Run	Grand Forks	F3	Silver
Baumann	Erin	Ball Throw	Grand Forks	F2	Silver
Baumann	Erin	Squat	Grand Forks	F2	Bronze
Baumann	Erin	Plank	Grand Forks	F3	Silver
Bennett	Jennifer	100M Run	Valley City	F2	Gold
Bennett	Jennifer	200M Run	Valley City	F1	Gold
Bennett	Jennifer	.5 Mile Run	Valley City	F1	Silver
Blehm	Amy	100M Walk	Fargo	F1	Gold
Blehm	Amy	200M Walk	Fargo	F1	Silver
Blehm	Amy	Squat	Fargo	F1	Bronze
Brown	Jeromy	25M Walk	Fargo	M2	Bronze
Brown	Jeromy	50M Walk	Fargo	M1	Bronze
Brown	Kyle	50M Run	Cass County	M1	Bronze
Brown	Jeromy	100M Walk	Fargo	M2	Gold
Brown	Kyle	200M Run	Fargo	M1	Silver
Brown	Jeromy	.5 Mile Walk	Fargo	M2	Gold
Brown	Kyle	.5 Mile Run	Fargo	M1	Gold
Brown	Kyle	Ball Throw	Fargo	M1	Gold
Brown	Jeromy	Ball Throw	Fargo	M2	Gold
Brown	Kyle	Squat	Fargo	M2	Silver
Coughlin	Christy	200M Run	Minot	F1	Silver
Coughlin	Christy	.5 Mile Run	Minot	F1	Bronze
Coughlin	Christy	Long Jump	Minot	F1	Silver
Coughlin	Christy	Push Up	Minot	F1	Bronze
Coughlin	Christy	Plank	Minot	F3	Bronze
Dauer	Joey	100M Walk	Jamestown	M1	Silver
Dauer	Joey	Ball Throw	Jamestown	M5	Gold
Dauer	Joey	Long Jump	Jamestown	M2	Silver
Demontigny	Barb	25M Walk	Grafton	F1	Gold
Demontigny	Barb	50M Walk	Grafton	F1	Gold
Demontigny	Barb	Ball Throw	Grafton	F2	Bronze
Erickson	Jordan	100M Run	Grafton	M2	Bronze

Erickson	Jordan	200M Run	Grafton	M2	Silver
Erickson	Jordan	Ball Throw	Grafton	M2	Bronze
Fercho	Don	25M Walk	Grafton	M3	Silver
Fercho	Don	50M Walk	Grafton	M2	Silver
Fercho	Don	Ball Throw	Grafton	M6	Silver
Fisher	Mason	50M Run	Grafton	M3	Silver
Fisher	Mason	100M Run	Grafton	M3	Silver
Fisher	Mason	Ball Throw	Grafton	M3	Silver
Fisher	Mason	Sit up	Grafton	M2	Gold
Fisher	Mason	Squat	Grafton	M2	Gold
Fowler	Kenny	50M Run	Cass County	M5	Bronze
Fowler	Kenny	200M Walk	Fargo	M1	Gold
Fowler	Kenny	Push Up	Fargo	M2	Bronze
Fowler	Kenny	Squat	Cass County	M1	Gold
Garland	Patsy	50M Run	Cass County	F3	Bronze
Garland	Carol	200M Walk	Fargo	F2	Gold
Garland	Patsy	200M Run	Fargo	F1	Bronze
Garland	Carol	.5 Mile Walk	Fargo	F1	Gold
Garland	Patsy	.5 Mile Walk	Fargo	F2	Gold
Garland	Patsy	Sit up	Cass County	F1	Gold
Garland	Patsy	Squat	Cass County	F1	Silver
Gllegos	Anthony	50M Run	Grafton	M2	Silver
Gllegos	Anthony	Push Up	Grafton	M3	Gold
Grant	Chase	25M Walk	Grafton	M1	Bronze
Grant	Chase	50M Walk	Grafton	M1	Gold
Grant	Chase	Ball Throw	Grafton	M4	Gold
Hagen	Scott	50M Run	Cass County	M5	Gold
Hagen	Scott	100M Run	Cass County	M1	Bronze
Hagen	Scott	200M Run	Cass County	M1	Bronze
Hagen	Scott	.5 Mile Walk	Cass County	M1	Gold
Hahka	Travis	25M Walk	Grafton	M3	Gold
Hahka	Travis	50M Run	Grafton	M5	Silver
Halvorson	Tyler	100M Walk	Jamestown	M1	Bronze
Halvorson	Tyler	Long Jump	Jamestown	M1	Silver
Halvorson	Tyler	Push Up	Jamestown	M1	Gold
Harris	Annie	50M Run	Grafton	F1	Bronze
Harris	Annie	100M Run	Grafton	F1	Silver
Harris	Annie	Plank	Grafton	F1	Gold
Hinds	Justin	Sit up	Bowbells	M1	Gold
Hinds	Justin	Plank	Bowbells	M1	Gold
Hummel	Jennifer	100M Run	Cass County	F3	Gold
Hummel	Jennifer	200M Walk	Cass County	F1	Gold
Hummel	Jennifer	.5 Mile Walk	Cass County	F2	Silver
Hummel	Jennifer	Sit up	Cass County	F1	Silver
Hummel	Jennifer	Squat	Cass County	F1	Gold
Jans	Jared	200M Run	Mandan	M1	Gold
Joffrion	Aubrey	50M Run	Cass County	F1	Gold

Joffrion	Aubrey	100M Run	Cass County	F1	Gold
Joffrion	Aubrey	.5 Mile Run	Cass County	F1	Gold
Joffrion	Aubrey	Ball Throw	Cass County	F1	Silver
Johnson-Lynch	Alexis	50M Run	Grafton	F1	Silver
Johnson-Lynch	Alexis	100M Run	Grafton	F1	Bronze
Johnson-Lynch	Alexis	Push Up	Grafton	F2	Gold
Johnson-Lynch	Alexis	Plank	Grafton	F2	Gold
Jones	Ronald	.5 Mile Walk	Cass County	M1	Silver
Kuebler	Molly	Sit up	Grafton	F2	Silver
Kuebler	Molly	Squat	Grafton	F3	Bronze
Kuebler	Molly	Plank	Grafton	F1	Bronze
Larson	Robert	25M Walk	Grafton	M4	Gold
Larson	Robert	50M Walk	Grafton	M2	Bronze
Larson	Robert	Ball Throw	Grafton	M6	Gold
Letness	Chelsey	25M Walk	Grafton	F2	Bronze
Lux	Skylar	100M Run	Jamestown	M1	Gold
Lux	Skylar	200M Run	Jamestown	M2	Gold
Lux	Skylar	Long Jump	Jamestown	M1	Bronze
Lux	Skylar	Push Up	Jamestown	M2	Silver
Martell	Heather	100M Run	Jamestown	F2	Silver
Martell	Heather	Long Jump	Jamestown	F1	Gold
Martell	Heather	Push Up	Jamestown	F1	Gold
Martell	Heather	Squat	Jamestown	F3	Gold
Moran	Melissa	50M Run	Wapeton	F2	Silver
Moran	Melissa	100M Run	Wapeton	F2	Bronze
Moran	Melissa	.5 Mile Walk	Wapeton	F2	Bronze
Moran	Melissa	Squat	Wapeton	F2	Gold
Moran	Melissa	Plank	Wapeton	F3	Gold
Obembe	Chris	.5 Mile Walk	Fargo	M1	Bronze
Obembe	Chris	Sit up	Fargo	M1	Silver
Okugas	David	100M Run	Grafton	M4	Gold
Okugas	David	200M Run	Grafton	M2	Bronze
Okugas	David	Ball Throw	Grafton	M1	Bronze
Oulare	Jecky	Sit up	Grand Forks	M1	Bronze
Oulare	Jecky	Squat	Grand Forks	M1	Silver
Patterson	Kevin	25M Walk	Grafton	M2	Gold
Patterson	Kevin	50M Walk	Grafton	M1	Silver
Patterson	Kevin	Ball Throw	Grafton	M3	Bronze
Rai	Rabin	Ball Throw	Grafton	M2	Silver
Register	Anna	50M Run	Grafton	F2	Bronze
Register	Anna	Sit up	Grafton	F2	Gold
Register	Anna	Plank	Grafton	F2	Silver
Reimers	Byron	25M Walk	Grafton	M4	Silver
Reimers	Byron	Ball Throw	Grafton	M5	Silver
Rice	Zachary	25M Walk	Grafton	M1	Gold
Rice	Zachary	50M Run	Grafton	M4	Gold
Rice	Zachary	Ball Throw	Grafton	M1	Silver

Riley	Christina	50M Run	Grafton	F3	Gold
Riley	Christina	100M Run	Grafton	F4	Gold
Riley	Christina	Sit up	Grafton	F1	Bronze
Riley	Christina	Plank	Grafton	F2	Bronze
Ripley	Toby	50M Run	Grand Forks	M1	Gold
Ripley	Toby	100M Run	Grand Forks	M2	Gold
Ripley	Toby	Sit up	Grand Forks	M2	Silver
Ripley	Toby	Squat	Grand Forks	M1	Bronze
Sagstuen	Jordan	50M Run	Grafton	M2	Bronze
Sagstuen	Jordan	100M Run	Grafton	M3	Gold
Schrank	Jennifer	25M Walk	Grafton	F2	Gold
Schrank	Jennifer	50M Walk	Grafton	F1	Bronze
Schrank	Jennifer	Ball Throw	Grafton	F3	Bronze
Semmens	Tyler	50M Run	Grafton	M3	Gold
Semmens	Tyler	100M Run	Grafton	M3	Bronze
Sharp	Robert	25M Walk	Grafton	M4	Bronze
Sharp	Robert	Ball Throw	Grafton	M7	Gold
Swanson	Ryan	25M Walk	Grafton	M5	Gold
Swanson	Ryan	Ball Throw	Grafton	M6	Bronze
Thiegles	Marcie	50M Run	Jamestown	F2	Gold
Thielges	Marcie	100M Run	Jamestown	F3	Bronze
Thielges	Marcie	Ball Throw	Jamestown	F2	Gold
Thielges	Marcie	Sit up	Jamestown	F2	Bronze
Thielges	Marcie	Squat	Jamestown	F2	Silver
Thu	Lacey	100M Run	Jamestown	F3	Silver
Thu	Lacey	Ball Throw	Jamestown	F1	Bronze
Thu	Lacey	Long Jump	Jamestown	F1	Bronze
Thu	Lacey	Push Up	Jamestown	F1	Silver
Thu	Lacey	Squat	Jamestown	F3	Silver
Thu	Lacey	Plank	Jamestown	F1	Silver
Urlacher	Kevin	25M Walk	Cass County	M2	Silver
Urlacher	Kevin	50M Run	Cass County	M1	Silver
Urlacher	Kevin	100M Run	Cass County	M1	Silver
Wahlstrand	Ben	Push Up	Grand Forks	M1	Silver
Wahlstrand	Ben	Plank	Grand Forks	M1	Silver
Walden	Joey	100M Walk	Jamestown	M1	Gold
Walden	Joey	Long Jump	Jamestown	M2	Gold
Walden	Joey	Push Up	Jamestown	M2	Gold
Walden	Joey	Squat	Jamestown	M2	Bronze
Walden	Joey	Plank	Jamestown	M2	Gold
Watson	Hannah	25M Roll	Grand Forks	F1	Gold
Watson	Hannah	Ball Throw	Grand Forks	F1	Gold
Widicker	Lindsey	100M Walk	Jamestown	F1	Silver
Widicker	Lindsey	200M Walk	Jamestown	F1	Bronze
Widicker	Lindsey	Ball Throw	Jamestown	F3	Gold